

**Choose any six salads - £4.25 per head**

**Mediterranean**

Tomato, cucumber, red onion with a lemon and parsley dressing (v)(n)(g)

**Mixed Green Leaf**

A variety of seasonal mixed green leaves (v)(n)(g)

**Tomato and Cucumber**

A selection of sliced tomato and cucumber (v)(n)(g)

**Italian Pasta**

Pasta with salami and tomato dressing (n)

**Fusilli Pasta**

Pasta with a tomato dressing (v)(n)

**Tomato and pesto Salad**

Tomatoes in a basil pesto dressing (v)(g)

**Mixed Bean**

Green Soya, Red kidney and Chickpeas with a vinaigrette dressing (v)(n)(g)

**Couscous wedding salad**

Fluffy Couscous with a mix of apricots, sunflower seeds, lemon pickled red onion, parsley and pomegranate (v)(n)

**Broad bean with lemon and yoghurt dressing**

Broad beans, lemon, yoghurt and chives (v)(n)(g)

**Potato Salad (Traditional)**

Potato, onions and mayonnaise (v)(n)(g)

**Warm Potato Salad with Dill pickle**

Potato, dill pickle in a vinaigrette dressing (v)(n)(g)

**New Potatoes**

Buttered baby new Potatoes (v)(n)(g)

**Courgette with Tomato Dressing**

Fresh courgette with a tomato dressing (v)(n)(g)

**Oriental Vegetable**

Shredded oriental vegetables with a soy and sesame dressing (v)(g)

**Red Coleslaw**

Red cabbage, red onion and beetroot with a vinaigrette dressing (v)(n)(g)

**Traditional Coleslaw**

White cabbage, onion, carrot and mayonnaise (v)(n)(g)

**Carrot, Orange and Coriander**

Shredded carrot, fresh coriander and orange juice (v)(n)(g)

**Waldorf Salad**

Apple, celery, walnuts and mayonnaise (v)(g)

**French Bean Salad**

Fine green beans in a French dressing with diced red peppers (v)(n)(g)

**Mushroom Salad**

Fresh sliced mushrooms with a tomato and oregano dressing (v)(n)(g)

**Curried Rice Salad**

Almonds, sultanas and turmeric rice (v)(g)

**Rainbow Rice Salad**

Turmeric rice with spring onions, red peppers and celery (v)(n)(g)

**Middle Eastern Chickpea Salad**

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(v) suitable for vegetarians

(n) nut free (although there may be traces of nuts in all salads as they are prepared in the same location)

(g) gluten free